

## What is home health?

Home health care provides medical and therapeutic services to patients in their own homes — whether that's an assisted living facility or private residence. It helps individuals maintain independence in a safe, comfortable environment.

## Who's eligible?

At MaineHealth Home Health & Hospice, we provide home health care for people living with a chronic health condition or recovering from surgery, illness, or injury. All services must be prescribed by a health care professional.

## Home health services include:

- Adult and pediatric nursing / home health aide
- Adult and pediatric therapy services — physical, occupational and speech
- IV therapy and infusion care
- Wound and ostomy care

## Backed by MaineHealth

With more than 27,000 care team members, MaineHealth connects patients to the region's best and brightest health care professionals. We're on a mission to build the healthiest communities in America through high-quality, affordable care for all.

*MaineHealth Home Health & Hospice is a fully licensed 501© (3) not-for-profit organization.*



## Home Health Care

### MaineHealth Home Health & Hospice

**At MaineHealth Home Health & Hospice, we're building connected communities where quality care is delivered right to your doorstep. Heal at home, get back on your feet, and make every moment count.**



## You deserve the best

Our dedicated team brings unmatched expertise and advanced resources to every home health visit:

125+ years  
in service



1.4 million miles  
traveled for home  
visits in 2025



110,000+ home  
health visits in 2025



501©(3) nonprofit



## By your side, every step of the way

- *A trusted partner* — As one of Maine's leading home health providers, we believe in working together so our communities are the healthiest in America.
- *Responsive care* — Within 48 hours or less of discharge, our team can be by your side, providing comfort, care, and support while you heal at home. Patients and families gain peace of mind with 24/7 on-call assistance.
- *Seamless support* — As a member of MaineHealth, we work closely with providers across the state and communicate with them in real time, ensuring smooth transitions from hospital to home.



## Trusted care, in the place you love most

### Home health

Our home health team provides quality care wherever patients call home. Scan the QR code for a map of the towns we serve.



Great experience working with this team! They all knew what they needed to do and knew when it was time for me to fly solo. Would recommend anytime!

— April,\* home health patient

\*Name changed to protect patient privacy



### Access home health services

Please contact us at 207-284-4566 or reach out to a member of your care team if you'd like to learn more about MaineHealth's home health services.

For more information,  
visit us online:  
[mainehealth.org/hhh](http://mainehealth.org/hhh)

